



Regina Catholic Education Center

Food Services News

For the 2023-24 school year:

2023-24 Pricing:

K-5	\$3.00
6-8	\$3.10
9-12	\$3.40
Adults	\$4.85
Breakfast	\$2.25
Pre-made salad	\$3.75

- Information regarding payments for lunch accounts will be shared soon. We appreciate your patience as we transition to PowerSchool from JMC.
- Lunch menus are available online at <https://regina.org/Whats for Lunch>.
- All Menus are subject to change based on availability of items. This is especially true with ongoing supply issues (i.e.: PB & J, Main Entrees)
- Grades 4-12 have the option of ordering an Uncrustable Peanut Butter & Jelly or Cheese Sandwich as an alternate daily. This includes vegetable, fruit, and milk.
- Ham & Cheese or Turkey & Cheese Deli Sandwiches are available as a meal choice for 4-12. First-come first-served.
- JH/HS also have a daily option of a Pizza Slice at a la cart price, Monday thru Friday.
- 4-6 can have a la carte after they get and eat hot lunch first or cold lunch, chips, fruit snacks, and rice crispy treats. If you do not want your child to have these make sure you block them or tell them. You can also put a spending limit on your child.
- **If your student does not take a fruit or vegetable, ala carte pricing will be charged for the meal – this is an additional cost to your family. Please encourage your student to take the fruit and veggie.**

Contact Information:

2140 Rochester Ave
Iowa City, IA 52245

Amy Kron – Director

319.338.5436 x1860
amy.kron@regina.org

Susanne Zaruba – Kitchen Mgr.

319.338.5436 x1861
susanne.zaruba@regina.org

Low Account Balance Guidelines

- Family lunch accounts **CANNOT** go below a -\$5.00 balance.
- Students in grades 4-12 will be reminded of a low account balance when paying for their lunch.
- A cheese sandwich will be provided to students with a -\$5.00 balance.