

# 2019 REGINA RECORD

A Newsletter for Alumni, Family & Friends

Marlene (Wombacher) Frantz '68,  
celebrated 50 years of working at  
Regina High School in the main office.

*See feature story on page 16.*



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REGINA FOUNDATION | REGINA CATHOLIC EDUCATION CENTER 

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## 01

# Leadership Message

## From the Foundation

### OUR AMAZING SUPPORTERS

**I AM NO LONGER SURPRISED BY THE GENEROSITY OF REGINA'S SUPPORTERS, BUT I AM CONTINUOUSLY AMAZED.**

As my Foundation Board presidency ends, I continue to be amazed and humbled by the extreme generosity of the Regina community. This generosity includes financial support of the *EXCELLENCE FUND*, Capital Campaign, and student scholarships, plus thousands of volunteer hours each year in service to our school. We are so blessed.

### FY 2018-19 REGINA FOUNDATION BOARD

Eric Aitchison, *President*

Greg McLaughlin, *President-Elect*

Gary Schmit, *Treasurer*

Kecia Boysen, *Secretary/Executive Director*

Rev. Steve Witt, *Pastoral Representative*

Mark Ray, *Development Committee Chair*

Chris Clark

Alissa (Brandt) Jarrett '02

Anne Kelly

The Foundation continues to work diligently to enhance the school's long-term financial strength. The \$450,000 *EXCELLENCE FUND* goal, with a fast-approaching June 30, 2019 end date, will provide important funding to meet operational needs and grow endowments for teacher salaries and tuition assistance. The endowments will pay out almost **\$250,000** to the school this year, and a record number **66** student scholarships will be awarded.

Executive Director Kecia Boysen continues to provide the Foundation with strong leadership, supported by a talented team of Shelley Rublaitus, Shane Schemmel, and Katherine Weiner. I'm pleased to introduce Greg McLaughlin as the new Board president effective July 1, 2019. Greg has served as president-elect for the past year, and previously led the Foundation's Development Committee. I'm also pleased to welcome Anne Kelly to the Foundation Board. We appreciate the contributions of Chris Clark, who will step down from the Foundation Board to serve on the Board of Education.

It has been a privilege to serve alongside Regina's intelligent and committed administrators, Foundation Board members, and Board of Education members. Above all, I am grateful for YOU, the amazing supporters of Regina.

Sincerely,



**Eric Aitchison**  
Foundation Board President



**ERIC AITCHISON**, Foundation Board President with sons  
Sam '22 and Will '26

# Leadership Message

# From the School

# 02

## THE POWER OF STORYTELLING

I was recently reminded that the stories we tell are essential to building and developing relationships. Our stories allow us to connect with others on a personal level, develop trust, and celebrate success. Stories matter because they have great power. With that power, comes responsibility.

We, the Regina community, are responsible for sharing our stories that showcase what it means to be a part of this magnificent school. Through storytelling, we can share our most memorable moments, biggest challenges, and greatest opportunities. I am sure that we all have many.

As we celebrate **Regina's 60th Diamond Jubilee Anniversary**, I reflect on what Regina means to me and my family, and the story I want to tell. Faith, friendships, and academic excellence are words that come to mind. A safe place for my children to grow and develop and not be judged for the mistakes I know they will make. A place parents feel welcome to take an active role in ensuring the educational success of their children. A place we are proud to send our children today and know our investment will pay off in the future. We are blessed with amazing faculty, staff, students and families. All of these people are instrumental to the success of our school and each has their own story.

As we prepare for the next 60 years of Regina, we must reflect on what we have accomplished, what allowed us to achieve those successes, and what are the next steps. As you will read in this edition of the *Regina Record*, there are many. We should all **CELEBRATE!**

I encourage all of you to be good stewards and be willing to share your Regina story with others. You all have a reason as to why you chose Regina. Don't assume everyone knows all about us. We need to tell others what they are missing! Find a way to connect with others and encourage them to create their own stories. Remember that the way you shape your story affects not just you, but future generations. When we tell these stories, we are all active participants in ensuring Regina will be successful for years to come.

**On behalf of the Regina Board of Education**, thank you for your ongoing contributions to Regina. Your generosity and support allow us to provide high-quality, faith-based education for our students and ensure future generations will have more stories to tell.

**Tell me, what is your story?**



**Melinda Shetler**  
Board of Education Chair



**MELINDA SHETLER**, Board of Education Chair  
with sons Caden '22, and twins Porter and Simon '27

## FY 2018-19 BOARD OF EDUCATION

Melinda Shetler, *Chair*  
Patrick Gavin, *Vice-Chair*  
Janan Rustan, *Secretary, Policy/By-Laws*  
Angela Villhauer, *Treasurer, Finance*  
Rev. Chuck Adam, *Provost*  
Ellen Abusada  
Rev. Gary Beckman  
Chris Clark  
Jason Dumont, *Building & Grounds*  
Annette Goodheart  
Chad Hageman, *SIAC/Education*  
Very Rev. Rudolph Juarez  
Sue Kloos, *Health & Safety*  
Scott Nibaur, *Catholic Identity*  
Alaina (Kehrli) Welsh '94  
Rev. Steve Witt



# 03 Capital Campaign Update

It's time to complete what we started in 2016 when we launched the *Pride in Our Past, Building Our Future* Capital Campaign. Our goal then was to improve our facilities to better serve our students – and that goal remains. We are updating everyone on where we stand and defining our next steps in completing the projects included in Phase 1 of our master plan.

In January 2019, we conducted an assessment to lay the foundation for continuing the campaign. The results provided us with insight about the remaining projects and how best to move the campaign forward. Through the assessment, we learned:

- There is overwhelming support to complete the two remaining campaign projects – building a new Education Wing and expanding/updating the Early Childhood Center. There will also be improvements to the rear parking area during this process.
- 64% of assessment participants indicated that they will extend their current pledge or make an outright gift to the campaign to complete these two projects.
- Some respondents expressed concern that building the Regina Athletic Training Facility in Phase 1 indicates that Regina places greater importance on athletics over academics.
- Some participants voiced concerns about cost overruns on the completed projects and whether funds will be sufficient to complete the new Education Wing and Early Childhood Center projects.
- Finally, participants asked for more clarification about the completed projects and a vision to complete the Phase 1 projects. The response to that call for more communication began with a letter sent to all participants.

The intention was to complete the projects as specified in the master plan. Sometimes, however, an



opportunity presents itself, which means temporarily changing course. Regina's leadership evaluated the opportunity, in the form of a generous offer to fund a significant portion of the Regina Athletic Training Facility, and determined that it was in the school's best interest to accept the donation and rearrange the timing of the projects. Our school is grounded in the pursuit of an excellent faith-based education for our students, while ensuring they have opportunities for activities outside the classroom. Superior academics and quality extra-curricular activities make a powerful combination in a school – and that is what we seek to provide at Regina.

At its April board meeting, Regina's leadership reaffirmed its commitment to complete the Education Wing and Early Childhood Center projects. The fundraising projections from the assessment, along with several new and very substantial financial pledges (more information about this exciting development coming in July), suggest that this is an achievable goal. We have also retained the Steier Group, who conducted the assessment and coordinated the previous portion of the campaign, to assist with the campaign continuation.



# 2018-19 Projects Completed 04

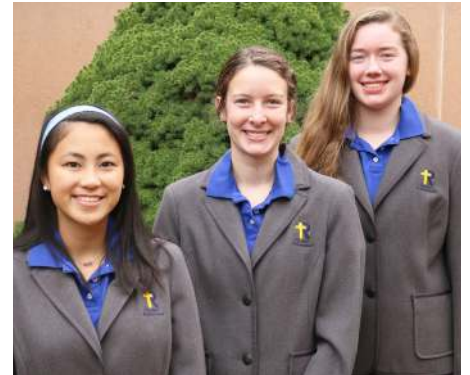
Thanks to the generosity of the extended Regina family, our campaign total stands at \$4.8 million, with these projects completed:

- Expanded and resurfaced the front parking lot and resurfaced the front circle drive
- Replaced the leaking high school gymnasium roof
- Constructed the new First Avenue entrance/exit drive
- Renovated the 60-year-old boys and girls locker rooms
- Replaced the antiquated bell and intercom system
- Rerouted storm water retention (required by the city)
- Built and furnished the Regina Athletic Training Facility (while the training facility was not part of the initial Phase I projects, it was moved ahead of schedule when a donor generously offered to support its construction)

Based on current pledges and cash on hand, it is anticipated we will start the Education Wing this fall. We currently are in the final phases of construction planning and will be sharing our projected project timeline once the details are finalized.

We are excited about the future of the Regina Catholic Education Center. Our pursuit of excellence for our school and its students has never been stronger.

**Melinda Shetler**, Regina Board of Education Chair  
**Matt Pacha '78**, Capital Campaign Co-Chair



## NEXT STEPS

- Reconvene campaign leadership in May to prepare for a July campaign relaunch
- Recruit additional campaign volunteers in June to assist with fundraising efforts
- Begin approaching donors in July about continuing their support
- Publicly kick off the campaign continuation in August
- Host "town hall" meetings in September to share campaign progress and provide updates about the master plan

## 2018-2019 EXCELLENCE FUND

WITH YOUR HELP WE ARE BUILDING REGINA'S FUTURE  
ON A FOUNDATION OF EXCELLENCE!

Regina is special because YOU understand and support an educational environment where students are able to grow both spiritually and academically. Each year, your generosity and gifts to the **EXCELLENCE FUND** create a lasting impact on the lives of our students.

This year's goal for the **EXCELLENCE FUND** is \$450,000. These dollars make it possible to help our students succeed. Your gifts will:

- Fund classroom programs that create an environment in which every student can thrive
- Increase access to a Regina Catholic education through tuition assistance
- Update computer technology and software applications school-wide to maintain industry standards
- Grow the Regina Teacher Endowment Fund
- Continue to upgrade and maintain Regina's 60-year-old campus
- Purchase classroom supplies to enhance K-12 art curriculum
- Provide funding for transportation to enable off-site academic learning opportunities
- Fund other school and Foundation operational needs

Will you consider a gift to the 2018-2019 Regina **EXCELLENCE FUND**? Please don't delay! The deadline to receive donations is June 30, 2019.



**2018-2019 GOAL: \$450,000**  
**RAISED TO DATE: \$390,000**



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## Class of 2019

REGINA CLASS OF 2019  
VALEDICTORIAN**TYLER VAN SWOL**

Tyler will attend St. Louis University in St. Louis, MO, where he will be in the Honors and Pre-Law Programs. He plans to major in philosophy and be involved in campus ministry, intramural volleyball and volunteering.

REGINA CLASS OF 2019  
SALUTATORIAN**MARY CATHERINE GRAFF**

Mary Catherine will attend the University of Iowa, where she will major in business management. She plans to be involved with UI Dance Marathon and participate on the Operations Committee.

*2019 Senior Trip to Washington, D.C.*



## MEET THE CLASS OF 2019



62 Seniors



30  
BOYS

32  
GIRLS

30% started at Regina  
in Preschool  
26% started at Regina  
in Kindergarten



- 65% took at least one Advanced Placement course
- 43% took a college course (other than AP)
- 65% had a GPA of 3.5 or higher



### Post High School Plans

- 56 will attend 4-year college/university
- 5 will attend 2-year college/university
- 1 will take a GAP year



74%  
plan to stay  
in Iowa



ACCEPTED OVER  
**\$965,000**  
IN COLLEGE  
SCHOLARSHIPS



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# Class of 2019 Yesterday & Today

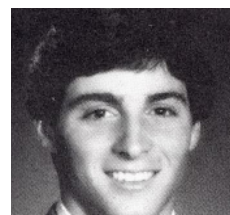
## Family Legacies



**MARGE (HEITZMAN)  
HAMILTON**  
*Class of 1962*



**MADELINE HAMILTON**  
*Class of 2019*



**JOHN O'CONNOR**  
*Class of 1985*



**CARRIGAN O'CONNOR**  
*Class of 2019*



**ANGIE (O'CONNOR)  
HUNTER**  
*Class of 1983*



**JESSICA HUNTER**  
*Class of 2019*



**LORETTA (ROCCA)  
CLARK**  
*Class of 1960*



**JOE CLARK**  
*Class of 1992*



**BETH (LABRECQUE)  
CLARK**  
*Class of 1992*



**PATRICK CLARK**  
*Class of 2019*



**PHYLLIS (GRIFFIN)  
PATTERSON**  
*Class of 1962*



**MICHELLE (PATTERSON)  
DILLON**  
*Class of 1991*



**MACY DILLON**  
*Class of 2019*



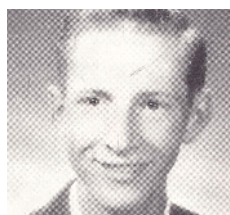
**LORETTA (ROCCA)  
CLARK**  
*Class of 1960*



**BRYAN CLARK**  
*Class of 1990*



**JAMES CLARK**  
*Class of 2019*



**RON MILDER**  
*Class of 1960*



**JON MILDER**  
*Class of 1991*



**AMY (O'CONNOR)  
MILDER**  
*Class of 1990*



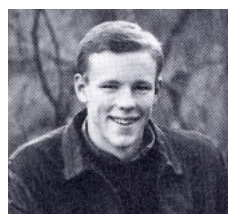
**NICK MILDER**  
*Class of 2019*



**RICK ECKHOFF**  
*Class of 1966*



**BONNIE (BARNES)  
MCFARLAND**  
*Class of 1967*



**RYAN ECKHOFF**  
*Class of 1989*



**MELISSA (GAVIN)  
ECKHOFF**  
*Class of 1989*



**NEAL ECKHOFF**  
*Class of 2019*



# 2018 Alumni & Honorary Awards 08



## DISTINGUISHED ALUMNUS

**BILL BRANDT**  
Class of 1977

This award honors a Regal who has distinguished himself professionally and made significant contributions of time and/or philanthropy to his community. As president of Brandt Heating & Air Conditioning, Bill Brandt puts a focus on integrity and investing in the community. Bill leads with the company motto: "Do the right thing," and his leadership has led to dozens of awards for the company. Bill and Brandt Heating are generous donors to Regina and beyond.

## OUTSTANDING SERVICE ALUMNA

**BETH (LABRECQUE) CLARK**  
Class of 1992



This award honors an alumnus of Regina who has given time and energy through consistent volunteer efforts to further the mission and functions of Regina. Beth volunteers time, talent and treasure to Regina and beyond. She organizes team dinners, works concessions, and cheers on the Regals. She can be found supporting the Family Fun Festival, Regina Gala, Teacher Appreciation Week and more. She is a Eucharistic Minister at St. Patrick and a mentor for public school students.



## OUTSTANDING YOUNG ALUMNA

**JESICAH AMBRISCO**  
Class of 2006

This award honors a recent Regina graduate. Jesicah holds two bachelor's degrees and was recently a Graduate with Distinction from Des Moines University as a Doctor of Osteopathic Medicine. Jesicah received the Silver Touch award for completing 50 hours of community service during her first year of med school. Jesicah has volunteered as a tutor and for Habitat for Humanity and Mercy Hospital. She spent five weeks treating patients and delivering babies in Uganda, Africa. She is in her second year of family medicine residency in Davenport.

## DISTINGUISHED HONORARY ALUMNI

**WILLIAM & CARLY AMBRISCO**



This award recognizes those who are not graduates of Regina, but have made significant contributions to Regina through actions of service, influence and financial contributions. Bill and Carly Ambrisco had been married almost 64 years when Bill Ambrisco passed away in September 2017. Throughout their lives together and now, the generosity of the Ambriscos is an amazing example of selfless giving. Bill's mantra was, "Public service is the rent you pay for the space you occupy." Bill and Carly are also grandparents to our 2018 Outstanding Young Alumna, Jesicah Ambrisco.

## 60TH ANNIVERSARY DIAMOND JUBILEE ALUMNI

**"FIRST AND FINEST"**  
Class of 1959

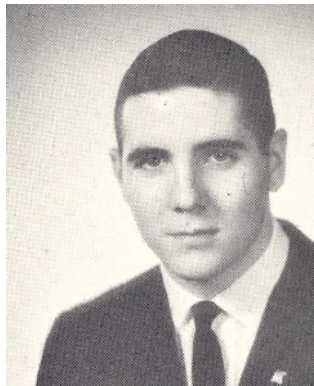


This award celebrates the first graduating class of Regina High School. When Regina opened in the fall of 1958, students from St. Mary, St. Patrick, University High and surrounding communities filled out Regina's first classes. On May 31, 1959, Regina held its first graduation with 51 seniors. Our first class is warmly known as "The First and Finest." They share a special bond and continue to gather monthly for lunch and socializing.

SUBMIT YOUR NOMINATION OF A REGINA ALUMNUS: Online at [regina.org/foundation](http://regina.org/foundation) or mail to Regina Foundation, 2140 Rochester Ave, Iowa City, IA 52245. Please submit nomination regardless of supportive material by September 3, 2019.

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# Msgr. James F. Parizek '64 Featured Alumnus



Monsignor James F. Parizek '64 passed away on February 3, 2018. He is remembered for his dry wit, colorful storytelling, gentle spirit and devotion to making the world kinder. Born and raised in Iowa City, he was the fourth of five children of Lester and Regina (Lekin) Parizek. He attended the newly opened Regina Catholic High School, graduating as co-valedictorian in 1964. He graduated magna cum laude from St. Ambrose College in 1968 with a degree in philosophy and then earned a master's degree in theology from the American College of the University of Louvain in Belgium in 1972. On July 15 of that year, he was ordained to the priest-

hood by Bishop Gerald O'Keefe at St. Wenceslaus in Iowa City. His first assignment was as associate pastor at St. Paul the Apostle in Davenport.

Always striving for new ways to serve the Lord, Msgr. Parizek received his Canon Law degree from the Catholic University in Washington, D.C. in 1978. He served as secretary at the national office of the Canon Law Society and was appointed vice chancellor, judicial vicar and director of the tribunal where he served from 1981 until 2001. He received the title of Monsignor in 1989. He was appointed parochial vicar at Holy Family Parish in Davenport in 2001 and then pastor of Our Lady of Victory Parish in Davenport in 2002 until his retirement in 2016. He was named a Regina Distinguished Alumnus in 2016.

Msgr. Parizek had a special fondness for working with the hearing-impaired so that they, too, could hear the Word of God. He was instrumental in the development of a ministry to the hearing-impaired in the diocese and was active in serving this community. In 1979, he began providing Masses in sign language for deaf Catholics. Once a month for many years, he celebrated Mass by signing everything and he organized social events after the Masses.

Msgr. Parizek remembered his alma mater in his estate plans with a very generous gift. His family has directed the Regina Foundation to use these funds to endow a scholarship in his name. Multiple scholarships will be awarded annually, beginning in 2020, to assist students who choose a Regina Catholic education. Msgr. Parizek will be remembered into perpetuity at his alma mater through this scholarship and for his dedication and lifelong service.



**Left:** Msgr. Parizek's brother, John Parizek '69, lights a candle in his memory at the Regina Memorial Mass in May 2019.

**CORRECTION:** Msgr. Parizek's obituary was published in the 2018 Regina Record. We incorrectly included a photo of John Parizek, who also was in the Class of 1964 and is deceased. We apologize to their families for this error.



# Kathy Dore '68 Featured Alumna

# 10

Regina Alumna and media industry innovator, Kathy Dore '68, was the featured speaker at the University of Iowa's fall "Life With Phil" talk on November 8, 2018.

Her talk focused on sharing about her professional journey and why she strongly believes in giving back to Iowa and being philanthropic in general.

Kathy is currently the Senior Advisor of Vision and Strategy for consulting firm Proteus International. She previously served as president of broadcasting at Canwest Media and president of entertainment networks for Rainbow Media, overseeing cable networks AMC, IFC, WE, and Bravo.

Dore earned a Bachelor of Arts in speech communications from the University of Iowa in 1972, and a Masters of Business Administration from the UI Henry B. Tippie College of Business in 1984. She received the UI Alumni Association's Distinguished Alumni Award for Achievement in 1998, was named "Woman of the Year" in 2003 by Women in Cable Telecommunications, received Regina's Distinguished Alumni Award in 2004, and has been among Hollywood Reporter's annual list of "100 Most Powerful Women."

Kathy keeps an active connection with Regina through the *Kathleen Dore Scholarship for Women Leaders*. She designated the recipient to be a female graduating senior who has demonstrated the qualities of leadership, scholarship, and compassion throughout her high school years, and who plans to major in business. This year's recipient was Mary Catherine Graff.

Regina Foundation staff members and fellow classmate Jane (DeFrance) Brown '68 attended the event and had an opportunity to visit with Kathy.



**Above:** Kathy Dore '68 with classmate Jane (DeFrance) Brown '68.

**Lower left:** Kathy with UI Center for Advancement President and CEO, Lynette Marshall.

**Lower right:** Kathy with Regina Foundation staff and classmate Jane (DeFrance) Brown.



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# Alumni Updates



## JAMES WARD '66

received the Lifetime Achievement Award from the State of Illinois Emergency Medical Services Advisory Council in appreciation and recognition for over 22 years of dedicated service.



## DERRICK ANDERSON '84

was promoted to Battalion Chief in the East Moline (IL) Fire Department and is currently in his 22nd year of service to that community. He and his wife Kimberly celebrated their 28th wedding anniversary in May 2019. Their daughter is a sophomore at Bettendorf High School and was recently inducted into their chapter of the National Honor Society.



## STEVE MILDER '69

completed a two-year term as president of the Iowa Football Coaches Association. This past year Steve was named one of the *50 Greatest All-time Football Coaches in Iowa* by the *Des Moines Register*. His West Central team's game with East Buchanan in 1997 was also selected as one of the 15 greatest games of all time. Steve will return for a 48th year coaching football in 2019.



## CLAIRE GALLARDO '84

was named the Anchorage Police Department's Officer of the Quarter for 2nd quarter 2018. She also was selected as Officer of the Year for 2018. Claire is a Senior Patrol Officer with APD, a member of their Crime Scene Team, and has served since April 1996.



## STEVE KEIFER '70

retired June 15, 2018, after 44 years in accounting. Steve and wife, Carolyn, have lived in Wheaton, IL since 1996. In April they returned from a visit to Florida where their son David serves in the US Air Force and is living with his new wife, Carissa.



## ED WALLACE '95

moved home to Iowa City this past summer with his family. He currently works in Government Relations for SAS Institute Inc. and travels the Midwest and to Washington, D.C., in that role. Ed's wife, Jennifer, recently joined the faculty at Regina as an AP History instructor. Their sons Jack '25 and Tate '27 attend Regina.



## MIKE O'BRIEN '71

is the current athletic director and vice president at the University of Toledo in Ohio. He served on the ten-member Men's 2019 NCAA Final Four Selection Committee.



## STEVE PACHA '04

was selected the 2018 Southeast District Assistant Baseball Coach of the Year by the Iowa High School Baseball Coaches Association this past year. Steve and his wife, Amanda and children Bowen and Charlotte, reside in Lone Tree, IA. Steve is a Patient Financial Advisor at the University of Iowa.



## CHRISTINE SCHEETZ '80

was named Senior Vice President Community Integrated Healthcare for the national Preferred Community Health Provider Network, headquartered in Indianapolis, IN.



## LINDSAY (KLINEFELTER) RADIC '04

was recently promoted to Senior Manager, Event Creation and National Ticketing for Caesars Entertainment in Las Vegas, NV. Caesars has over 80 live entertainment venues and attractions in North America and Dubai.



## DIANN (MCCHRISTY) ZIRTZMAN '81 AND DAUGHTER, ANNA ZIRTZMAN '14

were featured in the University of Iowa College of Education - *Generations of Hawkeyes* segment about teaching running in the family. Diann has been teaching at Regina for 32 years. Anna works in the Regina preschool and graduated from UI this May.



## CHASE GARRETT '08

was chosen to star in an upcoming University of Iowa Community Credit Union commercial that announces the name change to GreenState Credit Union. The commercial is expected to start airing state-wide this July.



# Hats Off to Thee!

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## ISAAC DOUCETTE '08

recently graduated from Mundelein Seminary with an MA in philosophy and religious studies. He will continue at Mundelein in the fall and will enter major seminary studies.



## LIAM HARTLEY '12

was named Regina High School's new head varsity cross country coach. He graduated from Wartburg College in 2016.



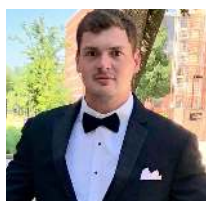
## MISSIE (FEUERBACH) HELM '09

was named the *Des Moines Register's All-Iowa Softball Coach of the Year* for 2019. She coaches the Des Moines Hoover High School softball team. They were underdog State softball champs in 2018. The team hadn't won a state championship since 1982.



## TYLER JENSEN '13

spent most of the last year as vocal captain and performer on Celebrity Cruises' new ship, Edge. He's now back in New York City working at Barry's Bootcamp and auditioning for opportunities through his agent, Clear Talent Group, and manager, the Cooper Company.



## B.J. JENSEN '11

received his K-12 P.E. teaching certification from Coe College in May 2019 after receiving his B.S. in Sport and Recreation Management at the University of Iowa. His student teaching placements were at North Bend Elementary and Liberty High School.



## MATT STREB '13

graduated from UNI in 2017. He recently became a sales consultant and account manager for Pella Windows in Milwaukee, WI.



## BRANDON GYRION '16

recently completed Sea Year training at the United States Merchant Marine Academy at Kings Point, NY.

He was nominated to the elite federal service academy by U.S. Congressman Dave Loebsack of Iowa's 2nd Congressional District. Brandon traveled to Singapore, Japan, Africa, Greece, Sri Lanka, Indonesia, Belgium, Germany, France, England, Spain, Gibraltar, Bulgaria, Romania, Georgia, Cyprus, Israel, Italy, Montenegro, and Croatia aboard the M/V Green Cove, Maersk Seletar, and the USNS Carson City.



Brandon shared, "The year that I spent overseas showed me how big the world really is. Personal problems that seem insurmountable at times quickly become inconsequential when I realize just how small of a role I play in this world. At the same time, I have witnessed firsthand the effects that someone can have on their local communities. I've learned that each choice we make in life has consequences, and that if we constantly strive to improve, maybe the world around us improves too."

# Scholarships, Awards & Recognition Highlights

## Senior Salute



### ALYSSA ADRIAN '19

received the Mercy Hospital Foundation Health Careers Scholarship and the University of Iowa Scholars Award. She plans to major in nursing.



### JAEDYNN EVANS '19

signed with the University of Iowa to play volleyball and plans to major in health and human physiology.



### PRESCOTT ARENDT '19

received the Robert L. Sheker Memorial Award and plans to attend Kirkwood Community College and major in welding.



### MARY CATHERINE GRAFF '19

received the Hills Bank Youth Leadership Grant, Altrusa International of Iowa City Scholarship, University of Iowa Scholars Award, University of Iowa Robert S. & Dorothy J. Lee College of Business Administration Scholarship and the Kathleen Dore Scholarship for Women Leaders.



### BREANNA BALKE '19

received the Iowa State Loyal Scholarship and the Bob Brown Memorial Scholarship. She will attend Iowa State University and major in psychology and political science.



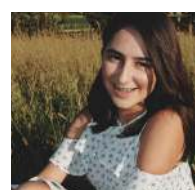
### PAUL KELLER '19

received the David Braverman Scholarship and the Regina Parents in Support of the Arts Scholarship. He will attend the University of Iowa and plans to major in criminology, law and justice.



### BEN BANTA '19

received the Ruth Levertson Scholarship and will attend the University of Nebraska.



### LAUREN KIMANI '19

received the Robert H. and Marian Gaffey Scholarship, Advantage Iowa Scholarship, Robert P. Stack Memorial Scholarship and Regina Leadership Scholarship. She plans to attend the University of Iowa and major in computer science and engineering with a minor in psychology.



### KATIE BRACKEN '19

signed with Minnesota State University, Mankato to play softball. She received an athletic scholarship and the Central State Bank Collegiate Scholarship for Business Studies.



### ZACHARIAH KRATZ '19

received the Priscilla C. and Bruce W. Hubbard Scholarship, St. John's Scholarship, Trustees' Scholarship, Music Scholarship, and the Barb Reilly Advanced Placement Endowment Award. He plans to attend St. John's University and major in music performance.



### CAITLYN CONNELL '19

received the Distinguished Scholars Award and will attend the University of Northern Iowa where she will major in elementary education with a minor in elementary literacy.



### GRANT LENZ '19

received the Organ Era Frederick T. Rahn Full-Tuition Scholarship, Rebels Cove Society Scholarship and UICCU Students of the Arts Scholarship. He plans to attend the University of Iowa and double major in organ and cinema.



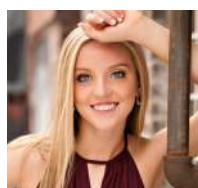
### MACY DILLON '19

received the Maxine Denson Scholarship and plans to attend Kirkwood Community College and major in interior design and photography.



### SUZY LOBODIAK '19

received the George Washington Carver Full-Tuition Scholarship and Liberal Arts and Sciences Excellence Scholarship from Iowa State University. She plans to major in biology.



### MAEVE DUNNE '19

received the Breitbach Interview Scholarship, Civic Leaders Program Scholarship and Loras Academic Scholarship. She plans to attend Loras College.



### ANNA MARTIN '19

received the Saint Mary's Presidential Scholarship, Margaret & Leonard Gough Scholarship, and Mercy Hospital Foundation Health Careers Scholarship. She will attend Saint Mary's College and major in communication sciences and disorders.



# Hats Off to Thee!

# 14



## LUKE MARZEN '19

received the Iowa State University Loyal Scholarship and plans to major in aerospace engineering.



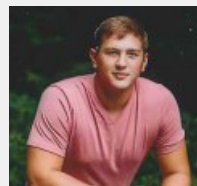
## CADEN SMITH '19

signed with Mt. Mercy University to play baseball and received Mt. Mercy athletic and academic scholarships. He plans to major in business.



## NICK MILDER '19

received the Robert P. Stack Memorial Scholarship and the University of Iowa Scholars Award. He plans to major in engineering.



## LUKE STEIN '19

received the Iowa State Scholar Award and the Iowa State Bar Association American Citizenship Award. He plans to attend Iowa State University and major in agricultural engineering.



## ALANA MUNOZ '19

received the University of Iowa Advantage Scholarship. She plans to major in theatre arts with a minor in vocal performance.



## ELLIE VANLANDSCHOOT '19

signed with St. Ambrose University to play volleyball and will major in elementary education. She received the Grandma Jean McCoy Scholarship and Iowa City Golf Association Scholarship.



## TATIANA OCHOA '19

received the University of Iowa Advantage Scholarship. She will major in social work and journalism/mass communication with a minor in psychology.



## TYLER VAN SWOL '19

received the St. Louis University Vice President's Scholarship, St. Louis University Catholic High School Scholarship and Brendan Fisher Memorial Scholarship. He will major in philosophy and participate in the Honors and Pre-Law programs.



## ALISA PURSLEY '19

received the Bob Brown Memorial Scholarship and plans to attend the University of Iowa.



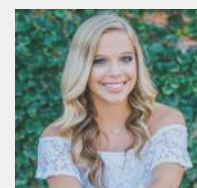
## MOLLY VITTETOE '19

received the Wartburg College Meistersinger Music Scholarship, Wartburg College Alumni Referral Award, Regina Parents in Support of the Arts Scholarship and the UICCU Student of the Arts Scholarship. She will major in art education and minor in creative writing.



## CLAIRE SCHNOEBELEN '19

received the University of Iowa Hospitals and Clinics Volunteer Service Scholarship and the Dr. Rita Krause Memorial Scholarship. She plans to attend the University of Iowa and major in nursing.



## KENNEDY WALLACE '19

signed with Truman State University to play basketball. She received the TruMerit Scholarship and Truman Women's Basketball Athletic Scholarship. She plans to major in nursing.



## BRIAN SCHOMER '19

received the Iowa State University Loyal Scholarship and was named a commended student in the 2019 National Merit Scholarship Program. He will attend Iowa State University and major in engineering.



## ALEX WIESE '19

signed with Truman State University to play basketball. She received the Truman State Women's Basketball Full-Tuition Scholarship and Truman State President's Honorary Scholarship. She plans to major in exercise science.



## GRACE SHARPLESS '19

received the University of Minnesota Twin Cities Academic Award and the 2018 Wendy's High School Heisman Award. She plans to major in nutrition.



## ZEFFA YEH '19

received the Loyola Scholarship and Brendan Fisher Memorial Scholarship. She plans to attend Rockhurst University and major in English writing.

# 15

Diamond Jubilee

# Regina's 60th Anniversary

## THEN & NOW

### REGINA CAMPUS



When Regina opened in 1958, the campus consisted of a rectory, chapel, convent, cafeteria, music-arts-industrial arts area, library, administrative space, gymnasium, locker rooms, and classroom areas. The athletic field was completed in 1962. Except for the convent, the building was one story, conforming to the terrain.



Today, the 22-acre campus includes baseball, soccer and football fields, a hard-surface track and new athletic training facility. The elementary wing opened in 1987. In 2004, a two-story addition was added with a new kitchen/cafeteria, science labs, seven jr/sr high school classrooms and a multi-purpose room. Four elementary classrooms were also added.

### REGINA FACULTY

Regina's first faculty included eight Sisters of Charity of the Blessed Virgin Mary and six lay teachers. Four priests from the local parishes taught religion courses.



Now, 74 Regina faculty teach preschool- 12th grade students. One priest serves as school chaplain.

### REGINA STUDENT ORGANIZATIONS

Sodality, Quill & Scroll, Pep, Glee, Camera, Press, Dramatic and Library Clubs, CYDC (Catholic Youth Dancing Club)



Art, Chess, Dance Marathon, Library, Math, Robotics, Social Justice, Operation Smile, Student Ambassadors, Girls Who Code, Debate

### REGINA ENROLLMENT



Regina opened its doors on September 3, 1958 to 295 high school students.



Regina's enrollment for the 2018-2019 school year was 867 preschool-12th grade students.



# Marlene (Wombacher) Frantz '68 Featured Alumna

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Along with 2019 being a special anniversary year for Regina, it was also the special 50th year staff anniversary for Marlene (Wombacher) Frantz '68.

Marlene graduated from Regina High School in the spring of 1968, and after Christmas break in January 1969, was asked to temporarily fill in at the high school front office - where she has been working ever since. Marlene's husband, Harry '67; children, Kim '87 and Barry '89; and many extended family members are also Regina grads.

Marlene is known and loved by generations of Regina students, faculty, staff and parents. She has worked with 16 different principals, knows boundless Regina trivia/information, has a fondness for the Easter treat, Peeps, and, it's been said she keeps a stash of candy in her desk drawer.

"Marlene Frantz Day" was celebrated on May 1, 2019, to recognize her dedication and service to the school and students. She was given a standing ovation after the May Crowning Mass, and had many family and friends attend a reception where she was presented the 2019 Kingery Character Award by the Regina Foundation. Marlene also received a special memory book put together by the Foundation that includes photos and memories of Marlene throughout the years from her friends, classmates, past students, co-workers and family. Marlene is the shining example of *Once a Regal, Always a Regal!*



**Above:** Marlene shows the memory book the Regina Foundation compiled with photos and memories submitted by friends, family, past students and co-workers.



**Left:** Marlene with her children Kim '87 and Barry '89 in the high school office.

**Center:** Marlene working in the office in the 1970's.

**Right:** Marlene with her mother, Genevieve Wombacher, in 2007.



**Above:** Several of Marlene's friends from the Regina Class of 1968 helped her celebrate.

**Left:** Principal Glenn Plummer gets humorous in his speech to honor/roast Marlene.

## 17

# Wedding Bells



**COURTNEY (JENSEN) '07 & CORBIN NICHOL**  
October 20, 2018

Courtney and Corbin were married in Iowa City. They now live in Urbandale, IA. Courtney is the instructional coach at Wright Elementary in Des Moines and Corbin recently graduated from UI College of Pharmacy.

**KATIE (FEUERBACH) '09 & CHRIS THOMPSON**  
August 18, 2018

Katie and Chris were married at St. Patrick Church in Iowa City. They currently live in Grimes, IA. Katie is a 3rd grade teacher and a softball coach in the Des Moines School District and Chris is an engineer.



**MISSIE (FEUERBACH) '09 & DYLAN HELM**  
October 13, 2018

Missie and Dylan were married at St. Patrick Church in Iowa City. They live in Des Moines where Missie is a high school teacher and softball coach in the Des Moines School District and Dylan is a project supervisor for a construction company.



**STACY (STREB) '10 & BRAD SCHMITZ**  
August 11, 2018

Stacy and Brad were married at St. Patrick Church in Iowa City. They live in Hudson, IA. Stacy is a first grade teacher at Saint Patrick's Catholic School in Cedar Falls and Brad works for John Deere in Waterloo.



**MEGAN (ADAM) '11 & BROCK MUHLBAUER**  
October 20th, 2018

Megan and Brock were married at St. Luke's Catholic Church in Ankeny, IA. They live in Ankeny and Megan works as a nurse at Methodist Hospital in Des Moines and Brock is a police officer in Ankeny.

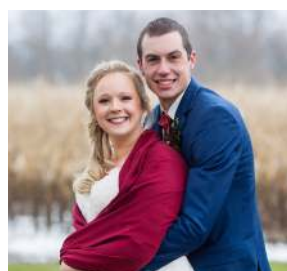
**JULIA (HUNTER) '11 & ALEX KANELIS**  
September 29, 2018

Julia and Alex were married in Iowa City where they currently reside.



**MEG (URIBE) & JAKE KEATING '13**  
October 20, 2018

Jake and Meg married in Fresno, CA and had a small reception in Iowa City the following weekend. They reside in Burbank, CA and are actively pursuing acting and writing careers.



**EMYLEE (SKAY) & RYAN HARNEY '14**  
November 17, 2018

Emylee and Ryan married at St. Mary Church in Iowa City. They live in North Liberty. Ryan works at Skay Automotive as a mechanic and Emylee works at Hills Bank in Hills as an Operations Support Specialist.



**JESICAH AMBRISCO '06 & RICHIE SIEBERT**

Jesicah and Richie are planning a February 22, 2020, wedding.

**JESSIE FEUERBACH '07 & CARTER MONTGOMERY**

Jessie and Carter are planning a September 20, 2019, wedding in Moravia, IA.

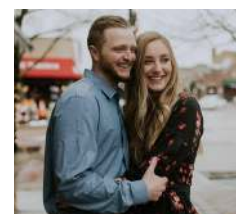


**WHITNEY BOHNSACK & JD HUNTER '09**

JD and Whitney are planning a July 5, 2019, wedding in Marion, IA.

**HAILEY VITACCO & DAN PACHA '12**

Dan and Hailey are planning a September 1, 2019, wedding.





# Regal Rugrats 18



Tara (Burke) '00 and Andy Seberger,  
along with big sister Madelyn,  
welcomed

**BRILEY RAE SEBERGER**  
*August 7, 2018*



Sarah (Riggert) '01 and Ron Wickham  
welcomed

**ISABELLE MARIE WICKHAM**  
*August 20, 2017*



Brittany and Rick Kron '02,  
along with big brother Nile,  
welcomed

**STELLA KRON**  
*June 7, 2018*

Regal grandparents:  
Steve '68 & Amy Kron

Kathy (Persoon) '02  
and Tim Jaeger  
adopted

**AUDREY JAEGER - AGE 4  
& JAMES JAEGER - AGE 3**  
*October, 2018*



Heather and  
Patrick Reilly '03  
welcomed

**EMMA KAY REILLY**  
*February 28, 2019*

Elizabeth (Kron) '04 and  
Nathan Armentrout along  
with big sisters  
Brooklyn '30 & Riley '33,  
welcomed

**JAXSON GERARD ARMENTROUT**

*October 2, 2018*  
Regal grandparents:  
Steve '68 & Amy Kron



Jessica Mae (Gannon) '04  
and Aaron Leib  
welcomed

**CRUZ MAESON LEIB**  
*August 9, 2018*



Kelsey (Homewood) '04  
and Ryan Laverdiere along with  
big sister Kya '32,  
welcomed

**RYLES MICHAEL LAVERDIERE**  
*May 17, 2018*



Niki (Montag) '06 and Jake Schmidtke  
along with big sister Olivia,  
welcomed

**JOSEPH WERNER SCHMIDTKE**  
*September 5, 2018*

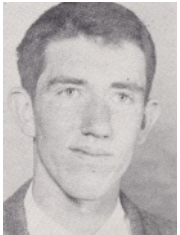


Molly and Jeff Pacha '07  
welcomed

**HENRY THOMAS PACHA**  
*February 6, 2019*  
Regal grandparents:  
Matt '78 & Elaine Pacha

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## Regals Remembered



**John CONNELLY '60**, died on September 4, 2018. John served in the National Guard, worked a variety of jobs, and retired from the University of Iowa laundry service. John was married to Phyllis Winsell. He loved to deer hunt, fish, play cards and try to beat the odds in the casinos.



**KAY EKWALL '65** of Iowa City died on May 17, 2018, at her home. Kay worked as an administrative services coordinator for the University of Iowa and the University of Iowa Hospitals and Clinics before retiring. Kay was a member of St. Patrick Catholic Church, a devoted mother, grandmother and great grandmother.



**RICHARD "DICK" ROGERS '62** passed away on April 13, 2019. Dick served in the U.S. Army and received his B.A. from the University of Iowa. Dick married Kathleen "Kaye" McCune in 1971. He worked for the Iowa Department of Revenue as an auditor for 27 years, retiring in 2002. He was a member of St. Patrick Catholic Church, Veterans of Foreign Wars and the Iowa City American Legion.

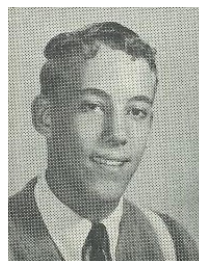


**SUZANNE M. (WISSINK) WINDISCH '65** passed away June 13, 2018, at Mercy Hospice. Suzanne married David Windisch in 1972. She was a logistics planner at Proctor and Gamble from 1966 to 1996. She belonged to the Iowa City Women's Bowling Assn., where she served as the city secretary for many years and the Women's International Bowling Congress board of directors from 1995 to 2005.



**ANTHONY "TONY" RIOS SR. '63** died at the Veterans Administration Hospital in Iowa City, February 9, 2019. Tony enlisted in the United States Army and served during the Vietnam War. In 1969 he married Donna Ann Coyne. For many years he worked as a union postal worker. He was a member of the American Legion and VFW.

He was also a big fan of the LA Dodgers, Dallas Cowboys and NASCAR, especially Jeff Gordon.



**MICHAEL CUMMINGS '68** passed away May 9, 2019 at Mercy Hospice. Michael was born in San Francisco, CA and moved to Iowa City at a young age. He married Cindy Lenocho '68 in 1973 at St. Wenceslaus Church. Michael worked for Eagle Country Market in Iowa City before it closed and after 33 years, he retired as the produce manager. Besides being a devoted Hawkeye fan, he was a member of the Iowa City Fraternal Order of Eagles #695 for 37 years. Michael also loved fishing, camping, and time with his grandchildren.



**DENNIS JAMES SHERIDAN '63** passed away May 22, 2018. Dennis served proudly in the National Guard and worked for over 34 years at Rockwell Collins in Cedar Rapids. Dennis enjoyed spending his days outdoors, fishing, playing softball, and golfing. He was a fan of the Iowa

Hawkeyes and the St. Louis Cardinals. Dennis was united in marriage to Susan (Suzy) Kiesey Haars.



**RAYMOND (RAY OR RUDY) MEYER '68** of West Branch, passed away on January 1, 2019. Ray worked as a tradesman and construction worker his entire life. Ray's construction career began with Wolfe Construction and he transferred to Red Hunzinger Construction. He worked for Paulsen Construction in West Branch as well as

Streb, McComas-Lacina and Knutson Construction. After the loss of his son, Morgan, in 1990, Ray volunteered as a big brother for Big Brothers Big Sisters of Iowa City.



**PENNY ADRIANNA (KIELENSTYN) STUBBS '64** passed away on February 25, 2019. Penny was born in England and raised in Iowa City. After graduating from Regina, she attended Iowa City Commercial College. She spent much of her life living on Pignut Mountain in The Plains, Virginia where she enjoyed putting her green thumb to use. She

was preceded in death by her husband, Dana Allen Stubbs.



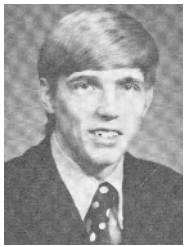
**MARY KATHRYN (KEELEY) IRELY '70** died on October 4, 2018, following a battle with breast cancer. In 2002, Mary married Richard Irely. She was employed at UIHC Hospital School, now known as the Center for Disabilities and Development, from 1977 to 2017. Mary loved her job, spending time with her grandchildren Patrick and Reagan, and cheering on their activities. Mary attended Grace Community Church.



# In Memory 20



**WILLIAM "BILL" NEUZIL '70** died March 17, 2019, at his home. Bill attended the University of Iowa where he played football for the Hawkeyes. Bill married Julie M. Burns '74 at St. Wenceslaus Church. Bill was a Johnson County farmer with a strong work ethic, a contagious smile, and a big heart. He was a member of St. Patrick Church, Knights of Columbus Council 842, the Eagles and the Moose clubs.



**WILLIAM (BILL) MARION LYNCH '73** passed away on February 8, 2019, at his home in Iowa City. Bill graduated from the University of Iowa. He married Paula (Scott) in 1975. He ran a painting business which he loved and listened to talk radio all day while he worked.



**GARY JOSEPH BERTLING '74** passed away June 21, 2018, in Iowa City. Gary was married to Joyce Whitfield. He was employed at Wal-Mart in Iowa City and at the University of Iowa-Peterson Hall. Gary had a remarkable work ethic and always supported his wife and children.



**JAMES O. "JIM" SWEENEY '78** died on March 25, 2019, at Mercy Iowa City. Jim attended the University of Iowa and began working for Hills Bank & Trust Company in 1983. He married Sue Munter on August 29, 1992. Jim was a loyal friend to Regina and could be found helping often at the Regina Gala or supporting many other events.



**WILLIAM "ROCK" ROCKAFELLOW '80** passed October 2, 2018, after a battle with gallbladder cancer. Bill found his true love, Amie Neuzil, his sophomore year of high school. Bill attended Kirkwood Community College, studying agriculture mechanics and criminal justice. Bill and Amie married on July 11, 1981. Bill worked at Mercy Hospital then began his career at the Johnson County Sheriff's Office, starting in the Jail Division before being promoted to Sergeant, then Patrol Division, and Detective Investigations before retiring in 2015.



**LEIGH ANN KENNEDY '88** passed away on December 14, 2018. Leigh Ann graduated from Regina as Salutatorian. During high school, she was MVP of the swim team and a member of the cheerleading squad. Leigh Ann received a bachelor's degree from the College of the Holy Cross and served as manager of the Crusaders swim team. At Creighton University School of Law, she met her husband, David Poe. She was a published member of the law review and received a Juris Doctor degree. Leigh Ann worked as an attorney before finding her calling raising and homeschooling her children, Josh, Beth, and Zach.



**JOHN T. DONNELLY '03** of Madison, WI, died on December 23, 2018. John attended the University of Iowa and received his Bachelor's degree with a double major in accounting and history. John moved to Madison, where he worked for Alliant Energy, and attended the University of Wisconsin, earning his MBA in 2015. John served as the representative of his MBA class to the student body. He was employed at QBE, an international insurance company.



**MARGARET "MARGIE" (STOREY) ALLEN, '73**, died on September 8, 2018. She graduated from St Joseph Academy and attended Clarke College. Margaret and her husband John Allen had a 50-year love story. Margaret was a dedicated member of St. Patrick Catholic Church. She loved her opportunity to teach preschool and surround herself with children while working at Regina Elementary and Montessori Preschool. Her love for Notre Dame football, Regina Regals, the Chicago Cubs and Iowa Women's Basketball gave her great joy and a reason to travel to see them play.



**NEIL EARL (FRIBERG) TUNNICLIFF, 30**, passed away on January 15, 2019, after a year-long struggle with cancer. Neil was born in Rock Island, IL, to Myron and Lea Anne (Stai) Friberg. He was a Boy Scout and Eagle Scout. He met his wife, Anna, at the Genesius Guild Classical Theatre and they married in 2014. Neil had many passions, especially theater and the arts. He loved to sing and performed in high school, in community theaters, and in the choir at Trinity Episcopal Church, Iowa City. Neil dreamed of becoming an English teacher. He received a BA in English from Augustana College and a BA in English education from Western Illinois University. He taught English and speech at Our Lady of Grace Catholic Academy in East Moline before joining the faculty at Regina.

# 21 Regina Class Reunions



The ladies of the **Class of 1962** gathered in July 2018 with special guest Mary Hurt, 101-year-old mother of classmate Raymond Hurt.



Members of the **Class of 1970** gathered in November 2018 at their second annual Friendsgiving celebration, hosted by Terry and Trudi Butler Snavelly.



The **Class of 1963** celebrated their 55-year reunion in August 2018 at Iowa River Power Company in Coralville. Classmates attended Mass together at St. Wenceslaus.



Members of the **Class of 1973** gathered at the 2018 Regina Family Fun Festival in celebration of their 45-year class reunion.



The **Class of 1968** members celebrated 50 years since graduation in July 2018 at The Knights of Columbus in Iowa City.



The **Class of 1978** members celebrated their 40-year reunion in August 2018 at the Iowa City Elks Club.



**SUBMIT YOUR UPDATES OR REUNION INFORMATION**  
by email to [foundation@regina.org](mailto:foundation@regina.org) or call 319.354.5866



# Truth, Honor, Loyalty

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The wedding of Justin Kron '98 and Catherine Callari in Vernon, NJ, brought together friends and classmates from the **Class of 1998** in June 2018.



The **Class of 1998** marked their 20-year reunion with an 80s/90s theme celebration in October 2018. *(Photo includes spouses.)*



Several members of the **Class of 2016** gathered to tailgate at an ISU football game in 2018.

## UPCOMING REUNIONS

### Class of 1969 50-Year Reunion

Friday, August 30, 2019

4 pm at Iowa City Big Grove Brewery

Saturday, August 31, 2019

6 pm at First Avenue Club for dinner

### Class of 1970 50-Year Reunion

January 26 - February 22, 2020

Western Caribbean Cruise

## '70 MEN & WOMEN CHALLENGE



In the spring of 1970, Regina High School senior “men” decided they wanted to do something that they would be remembered for. The original plan was to paint “Class of ‘70” on the gym roof, but that changed to “70 Men” at the last minute. As several of the original planners got cold feet and dropped out, eight “men” ended up carrying out the prank. Ultimately, in order to repaint the front of the gym roof, the entire senior class had to forfeit their cash reserves.

Today, members of the Class of 1970 (‘70 Men and Women) challenge ALL Regina alumni to remember where they came from and “Pay It Forward” with a gift to the Regina **EXCELLENCE FUND**. The Class of 1970 is making this challenge in honor of 50 years since they started their senior year at Regina.

The class with the largest dollar amount of donations will be recognized with a trophy or plaque displayed in the high school lobby and it will be updated each year.

The “70 Men” sign on the front of the gym roof was painted over long ago, so now the '70 Men and Women want to be known for paying it forward, helping families afford a Regina Catholic education like others did for them over 50 years ago.

**HOW WILL YOUR CLASS BE REMEMBERED?**  
Give to the Regina **EXCELLENCE FUND** today by mailing in your gift or making a gift online at [www.regina.org/foundation](http://www.regina.org/foundation).

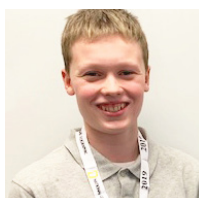
## ACADEMICS



Regina preschoolers learned about turtles in the Nature Explore Classroom. Each of the Early Childhood classes spends at least one hour per week in the Nature Classroom, weather permitting.



NASA Astronaut, Jeannette Epps, visited Regina in February 2019 and talked to high school students about her STEM career path and experiences training for space missions, as part of Black History Month. She later held a community screening for the movie *Hidden Figures*.



Regina 7th grader, Joe Polyak, qualified as a semifinalist for the Iowa State Geography Bee in March at UNI. Joe placed 11th out of 99 contestants.

Second graders learned about the Pilgrims and the first Thanksgiving. They dressed as Pilgrims or Native Americans and turned their classrooms into the Mayflower for a one week hands-on learning experience.



Regina's high school Foods 2 class participated in "Cooking with a Cop" for the second year, with ICPD officer Ashlyn Hayes. She taught the class how to make her favorite calzones.



Regina High School inducted 23 new members into the National Honor Society from the sophomore, junior and senior classes. They join the current 53 NHS members in the Regina chapter.

## FINE ARTS



Regina High School held their production of *The Little Mermaid* at the Coralville Center for the Performing Arts in February 2019. The cast and crew had 70 students participate on stage and behind the scenes including a total of 32 seniors.



Regina's K-12 Art Show was held in April and showed off the creativity and talent of students of all ages.



Regina's first jr/sr high show choir, *Regal Association*, was formed under the direction of Dr. Travis Richter. They held their debut performance at the Spring Pops Concert and performed songs from the *Rocky* movies.



The Regina Junior High orchestra received a Division I rating at the Jefferson Orchestra Invitational and brought home a trophy to show for their hard work.

The University of Iowa Stanley Museum of Art visited Regina Elementary art classrooms and brought along masks and pottery pieces from their African exhibit for the students to learn about and touch.





# Year In Review 24

## SERVICE



Regina National Honor Society members served food to guests at the annual Regina Senior Citizens' Thanksgiving Lunch. This service project is one of the many opportunities for Regina students to get involved helping others in the community.



Regina Elementary raised over \$20,700 for the American Heart Association during the annual Kids Heart Challenge and Heart Wall service mission.



The Regina Christmas Basket Project helped provide a special Christmas for 16 local families with 59 kids and 8 single moms. Students in grades 7-12 worked in teams through their religion classes to provide 13 beds, 8 bikes and \$32,000 of donated items.



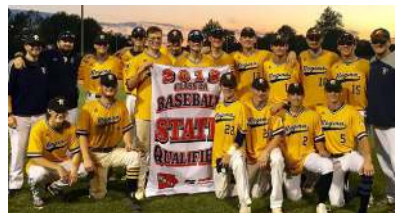
Regina's Kindergarten students led an elementary-wide service project to collect food and toiletries for the Iowa City Ronald McDonald House. They were successful in filling four carloads of supplies to help the organization.



Seven Regina High School students received Youth Human Rights Awards at the Iowa City Human Rights Commission's annual award ceremony in May.

**L-R:** Nick Milder '19, Bree Balke '19, Drew Hartwig '19, Madeline Hamilton '19, Daniel Rhomberg '19  
**Not pictured:** Maeve Dunne '19 and Claire Conlon '20

## ATHLETICS

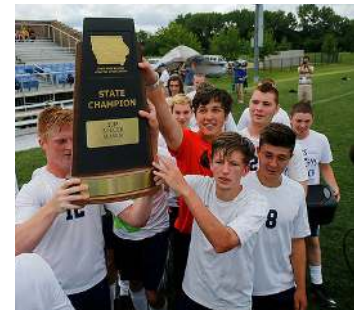


Regina boys baseball qualified for the state competition and played in the Championship game. They were the 2018 State Runner-up.



The Regina girls softball team qualified for the state competition and played in the Championship game. They were the 2018 State Runner-up.

Regal boys soccer won the Class 1A Iowa Boys High School State Championship in 2018 for the second year in a row and the 7th time in the last ten years. They will play in the 2019 State Tournament in June.



Regina girls cross country made it to the state level and were 2nd place overall.



Regina's dance team placed 1st in pom and 1st in jazz at the Iowa State Dance/Drill Team competition. They also traveled to Florida to participate in the Dance Team Union National Competition where they received 7th place in jazz for small schools.



The new Regina Athletic Training Facility officially opened in June 2018. The building houses an indoor hitting facility, wrestling room, strength training area, film viewing room and meeting space.



# 25 Regina Recap 2018-2019

## FAITH

Bishop Thomas Zinkula visited Regina Catholic Education Center at the beginning of Advent and celebrated Mass with the K-12 students, faculty, staff and families.



Fifth grade students celebrated at the All Saints Day Mass. Each student researched a saint, created a report and dressed as that saint for the Mass.



Regina High School student, Rowan Udell '20 and teacher, Kevin Kahler '87 traveled to Washington, D.C. to participate in the March For Life. Rowan said, "The whole experience of the March for Life strengthened my faith, and I was able to build new friendships with others from different schools that I would have never made without this trip."



Fr. Guillermo Treviño, Jr. was appointed as Chaplain to Regina Catholic Education Center. This spring he celebrated First Communion Mass with Regina Elementary students and families.

## MEMORIAL MASS



## FACULTY & STAFF

Regina High School science teacher, Dr. Jeffery Ensign, will attend *Project Lead the Way Human Body Systems* training July 8-19 at the University of Minnesota. This comprehensive course will cover the eleven different systems of the human body to guide students as they apply the understanding of forensic anthropology and DNA analysis to solve real-world medical cases.



Marlene (Wombacher) Frantz '68, received the 2019 Kingery Character Award. Each year the award is given to a faculty or staff member who has demonstrated notable character and commitment at Regina. Marlene celebrated her 50th year of working at Regina in 2019.



Bryce Smeins was appointed as the new Regina Athletics/Activities Director in July 2018. Bryce has been an assistant girls basketball coach at Regina for the past two years. He has been in education for over 37 years as a teacher, coach, and administrator. This includes 14 years as an athletic director.



Regina High School counselor, Lynne Zoulek, was named to the University of Iowa School Counselor Advisory Board for a three-year term. She also presented a workshop at the Iowa School Counselors Association Annual Conference on "Preparing Student Athletes for College."



The annual Memorial Mass was held on April 24, 2019. The Mass included a candle-lighting ceremony to celebrate in remembrance those friends of Regina who have been memorialized through gifts to the Regina Foundation, to benefit the Regina Catholic Education Center.



# 2019-20 Event Calendar 26

## JUNE

14 Regina VIP Golf Classic

## AUGUST

1 Benchwarmer Raffle Sales Begin  
16-17 Family Fun Festival  
23 First Day of School  
28 Jr/Sr High Back to School Night

## SEPTEMBER

19 Elementary Back to School Night

## OCTOBER

7-11 Homecoming Week Festivities  
11 Alumni Awards Luncheon  
& Recognition  
20 Donor Appreciation Celebration  
27 Run for the Schools

## NOVEMBER

21 Senior Citizens' Thanksgiving Dinner

## JANUARY

26-FEB 2 Catholic Schools Week  
31 Alumni & Parent Career Day

## FEBRUARY

1 Regina Gala  
26 Ash Wednesday Senior Mural Painting  
and Prayer Service

## APRIL

10 High School & Elementary Stations of  
the Cross Prayer Services  
22 Memorial Mass

## MAY

1 Grandparents' Day  
20 Scholarship Awards & Luncheon  
20 Baccalaureate Mass  
24 Class of 2020 Graduation  
28 Last Day of the School Year

*\*dates are subject to change*

## 2018 BOOSTER CLUB HALL OF FAME INDUCTEES

### CHAD SWOPE '89

- Lettered 14 times in track, cross country, basketball, and baseball
- Iowa Coach of the Year in '07 and '10 for Boys Cross Country and Regional Boys Cross Country Coach of the Year in '06, '08, '09, '13, and '15
- Regional Girls Cross Country Coach of the Year 2006-2010 and Regional Girls Track Coach of the Year '05 and '07

### CHUCK EVANS

- Career record at Regina of 41-20 in six seasons
- Team played for the first time in school history at the UNI Dome in '04
- District Coach of the Year in '03 and Class 1A Iowa Football Coach of the Year in '05

### JON PROTTSMAN

- Head Softball Coach at Regina from 2007-2017, with six state tournament appearances in '09, '11, '13, '15, '16, and '17
- Won State Championships in '11, '15, and '17
- Class 2A Coach of the Year in '11 and '15



*Chad Swope '89, Chuck Evans, and Jon Prottsman*



Regina celebrated its 60th Diamond Jubilee Anniversary during the 2018-19 school year. The Regina Foundation showcased items in the high school lobby, donated or loaned from alumni. Special items such as a set of class rings, a dress worn in the first Regina musical, and various other memorabilia and photographs have helped bring students and alumni together in remembering our past and looking forward to our future.

*Once a Regal, Always a Regal!*